

**HIGH SPEED  
LUKE +**

# **HIGH SPEED LUKE +**

**FUN AUDIO, VIDEO & MORE**

## **CURRICULUM GUIDE**

**COLLEGE STUDENTS & YOUNG ADULTS**

[www.highspeedluke.com](http://www.highspeedluke.com)

## GET READY FOR YOUR JOURNEY WITH HIGH SPEED LUKE+!

High Speed Luke+ is a FREE online platform that explores the Bible in fun and engaging ways. With a mission to educate, defend and inspire youth on the Bible's truth, it was designed as a tool to help you defend and deepen your faith at your own pace. Whether at university, home, or on the go – for personal growth or deepening your relationship with God – High Speed Luke+ is fast, entertaining and relevant for kids and adults.

The HSL learning tools include fast audio bible recordings, reflective questions, short videos, biosketches, and worksheets. Faith-friendly movie and book suggestions are also given. With so many options, you may be wondering how to best use all these resources.

In this guide, High Speed Luke+ (HSL) provides two sample curriculums, integrating all the HSL learning tools! The sample curriculums show you how to move through six books of the Bible at WALK or RUN speed and can be easily adjusted to fit different learning styles, levels, and available time.

This new approach to learning Scripture expedites your walk (or run) through the Bible, giving you the freedom and flexibility to study Jesus Christ and explore people of God who spread the Gospel and His loving ways.



**Fun Ahead**  
**NEXT EXIT**

## RESOURCES AT HIGH SPEED LUKE+



### FAST AUDIO BIBLE RECORDINGS

Listen to six audio books of the Bible, read by a natural-born speed talker at over 300 words per minute. Our minds can process words at nearly twice the average speaking rate of 160 words per minute [1], so listeners will quickly get accustomed to learning at a higher speed. You can find these audio recordings under Listen at HighSpeedLuke.com. They are also available on Spotify or iTunes.



### REFLECTIVE QUESTIONS

The reflective chapter questions used in the high speed audio Bible recordings were developed in collaboration and tested with hundreds of students to be more relevant to youth today. You can find them under Equip > Chapter Questions at HighSpeedLuke.com.



### SHORT VIDEOS AT ANCIENT PLACES

Watch videos (1-5 minutes) of historical figures and places in the Bible, filmed at ancient locations in Israel, Egypt, Turkey, and Greece. See and hear from modern-day experts who share the facts around the Bible's accuracy so you can confidently know and defend the Truth. Corresponding videos are listed in this curriculum guide with the related chapter and Book of the Bible. You can find these videos in the Watch section at HighSpeedLuke.com.



### OVERVIEWS OF INSPIRING PEOPLE

Explore the impact the Bible has had on people's lives today and throughout history. Watch a video about Timothy and others who taught and spread the Bible's Truth. Download worksheets highlighting historical women and men who positively impacted the world from the 1600's to 1963. Read overviews of inspiring people who are currently doing God's work; from best-selling authors, artists, pastors, scholars, TV hosts, actresses, athletes, to walking miracles, these individuals are doing amazing work across the nation and the world. You can find these Teachers, Trailblazers and Explorers under Explore > Inspiring Lives at HighSpeedLuke.com.



### MOVIE & BOOK SUGGESTIONS

To further deepen faith and biblical knowledge, watch a movie from our Movie Suggestions or read a book from our Book Suggestions. You can explore these additional resources at the end of this curriculum guide or under Explore at HighSpeedLuke.com.



### WHAT YOU NEED

- Laptop, tablet or smartphone to play audio or videos
- Internet connection
- Headphones or earbuds (optional, but recommended)
- Printer (optional, to print out worksheets or questions)
- Pen & Paper (optional, for jotting down notes or responses)

[1] Dr. Lyman Steil, Dr. Richard Bommelje. Listening Leaders: The Ten Golden Rules to Listen, Lead, and Succeed. 2004.

## ROAD MAP TO SUCCESS

- We recommend starting with 2 days a week at the WALK curriculum speed. If you want to go faster, increase the number of days per week and/or switch over to the RUN curriculum speed. There is no “falling behind” in this curriculum. Speed up or slow down and customize HSL to what works for you and your schedule.
- The HSL curriculum can be used as a jump-start for meditating on the Word. Listen to the listed audio Bible recording(s) for 2-5 minutes at WALK speed, or 4-10 minutes at RUN speed. If a bonus option is listed, watch the short video or explore the inspiring life overview. Read the chapter question(s) that was asked at the end of the audio chapter. Then spend a moment in quiet meditation as you open your heart and mind to what God wants to reveal to you. Reflect on the chapter question(s) in your meditation and as you continue about your day. You can add more reflection or discussion time in between the audio chapter recordings as you wish. For more ideas, check out the Bonus Activities on page 12.
- While all six audio Books of the Bible can be listened to within 5 hours, we don’t recommend it for the best learning experience.
- Before starting the curriculum, we recommend playing the HSL audio Book of Luke introduction until the end of Luke without stopping or pausing for a maximum of 30 minutes per day. As the Book of Luke is 89 minutes in total, this will take approximately 3 days. This introduces you to what we call a “Survey of Luke” and gets you more acclimated to the higher speed and HSL learning process.
- Learning is most effective when the teachings are discussed and applied. Use the accompanying reflective questions for each chapter of the six books of the Bible by answering them on their own, using them for discussion, or taking inspiration from them in asking your own questions. You can provide pen and paper for the kids to write down their answers.
- While using HSL learning tools, you have the ability to adjust for differences in attention, speed, and preference. One of the differentiating benefits of HSL is that the audio books are recorded by a natural-born speed talker at over 300 words per minute. The intentional combination of the high velocity of information and background music helps to keep the attention of those with a “need for speed.”
- Information often sticks in our minds better with repetition, so feel free to run through favorite Books or chapters multiple times over the years to come!

## CURRICULUM OVERVIEW

The WALK or RUN curriculum will take 90 days or 45 days respectively. As mentioned, we recommend starting with 2 days a week using the WALK curriculum and speeding up (or slowing down) as necessary. Here is an overview of the curriculum.

	<b>Chapters</b>	<b>Listening Time per chapter</b>	<b>WALK Curriculum (days)</b>	<b>RUN Curriculum (days)</b>
Luke	24	3:11 to 5:48	23	12
Acts	28	1:38 to 5:22	28	14
Romans	16	1:59 to 3:57	17	8
2nd Corinthians	13	1:34 to 3:24	12	6
Philippians	4	2:12 to 2:50	5	3
1st Thessalonians	5	1:21 to 2:17	5	2
			90	45

Each curriculum includes audio lessons, chapter questions, and Watch/Explore options. On pages 12 to 17, you'll find bonus activities and resources for your growth in the Bible.

The online WALK/RUN curriculums include hyperlinks to the high speed audio books (Listen) and to the Watch/Explore options. You can find these online curriculums under Equip > Listening Plans at HighSpeedLuke.com.

**WALK Curriculum** p. 6-8  
**RUN Curriculum** p. 9-11  
**Bonus Activities** p. 12-17



## WALK CURRICULUM (page 1 of 3)

Day	Listen	Watch / Explore	Reflect
<b>HIGH SPEED LUKE</b>			
1	Luke Intro & 1	Watch: Welcome to HSL	You've got a 1 minute phone call with God. What would you ask Him?
2	Luke 2	Watch: Dead Sea Scrolls	What do you believe about God and Jesus? How do you find your own relationship with God?
3	Luke 3	Watch: Codex Sinaiticus	When you look around in your life, who do you know that is really excited about their relationship with God?
4	Luke 4	Watch: Loving Israel	Who do you say Jesus is? How could Jesus be fully human, and yet fully God?
5	Luke 5		How can you explain His miracles and His resurrection?
6	Luke 6		Jesus asks us to listen. If loving your enemies means acting in their best interests, how can we help them?
7	Luke 7	Watch: On Location	Here is one to bring home. Who is one person you need to forgive today?
8	Luke 8		Many young people are in a world of hurt and looking for love. Given family backgrounds, it can be tough. How does listening to Scripture help you with your pain or loneliness?
9	Luke 9	Explore: Marie de l'incarnation	Jesus predicted His own death. Why did God plan the gruesome murder and horrible death of Jesus on the cross?
10	Luke 10		Love is a decision and a commitment to serve someone. If your neighbor is anyone who crosses your path, or is in need of something of someone, how do you show your mercy and love?
11	Luke 11	Explore: Betsey Stockton	Healing a relationship can take time, prayer and God's help. Which relationship would you love to see healed?
12	Luke 12		Do drugs, alcohol or destructive behavior help your friend, a parent or perhaps you solve problems, family divisions or hopelessness? Where can you find hope?
13	Luke 13		Jesus loves children. What does it take for you to feel loved by someone; to trust that the person really cares for you?
14	Luke 14		God will reward you for inviting those who could not repay you. When you help just one poor or crippled or lame or blind person, expecting nothing in return, what does that feel like?
15	Luke 15		What is the most spiritual experience of unconditional love you've ever had?
16	Luke 16		Jesus implies marriage is a lifetime commitment. Why was He so strict on this? Why was Abraham so strict that the rich man couldn't warn his brothers about the place of torment, anguish and flames so they wouldn't have to come there when they die?
17	Luke 17	Explore: Mary Slessor	One leper was told, "Stand up and go. Your faith has made you well." Where do you go when things get tough?
18	Luke 18		Thinking about what he said earlier in the chapter, what is a "child's kind of faith"?
19	Luke 19	Explore: Dr. Fanny Butler	Jesus talks about character in this chapter. Who are you trying to impress? Why? What difference will it make?
20	Luke 20		When the secret agents tried to trap Jesus with their questions about taxes for Caesar, Jesus said, "Give to Caesar what belongs to him. But everything that belongs to God must be given to God." What belongs to God?
21	Luke 21	Explore: C.S. Lewis	How does Jesus understand your fears and hopes?
22	Luke 22		Our last question before we conclude: The Lord's supper, Bread and Wine, Communion, Eucharist: What's the purpose?
23	Luke 23 & 24	Watch: Dead Man Walking	No questions
<b>HIGH SPEED ACTS</b>			
24	Acts Intro & 1	Watch: High Speed Listening: A New Break-through in Youth Learning	What is a believer? What does it mean to be a witness?
25	Acts 2		At Pentecost, about 3,000 people heard Peter's words, believed and were baptized. A few days later, there were more than 5,000 believers. Why do you think the Church grew?
26	Acts 3		Who would you like to see healed by calling on Jesus' name?
27	Acts 4	Explore: Blaise Pascal	The Church is a group of believers in Christ, not a building. Every believer shared with others. Why does sharing with others feel so good?
28	Acts 5		The apostles continue to teach, preach and spread the good news about Jesus, despite the threat of the council. When is it right for a believer to disobey the law of the land?
29	Acts 6	Explore: Jonathon Edwards	Stephen taught the Word of God and did amazing miracles. Why are many people who do God's work persecuted?
30	Acts 7		Stephen was a witness for Christ to Saul as he died that day. Who would Jesus want you to pray for, love and forgive today?
31	Acts 8		Thinking about what he said earlier in the chapter, physical touch or simply your presence may show love to a friend or family member. Do you think Jesus can still heal people or do miracles today?



## WALK CURRICULUM (page 2 of 3)

Day	Listen	Watch / Explore	Reflect
<b>HIGH SPEED ACTS (continued)</b>			
32	Acts 9		Who you are, is not what you do. Who is God calling you to be? Are you listening?
33	Acts 10	Explore: Lisa Bevere	Peter says there's good news for all people, and that there's peace through Jesus Christ who is Lord of all. What kind of peace do you seek? Why?
34	Acts 11		The Church, the believers, prayed for Peter. Peter left his prison cell a free man and gave credit to the Lord. What does God need to free you from? Do you believe He will?
35	Acts 12	Explore: Juanita Bynum	Stephen is stoned to death for his faith. The king has James killed, puts Peter in prison and yet the Word of God continues to spread. Can you think of any examples where this has happened recently?
36	Acts 13		What does it mean to rely on the Grace of God?
37	Acts 14	Explore: Sonja Corbitt	How could Barnabas accept Paul right away? How should we react to those who persecute us for our faith?
38	Acts 15		Paul and Barnabas disagreed over Mark coming with them, causing the two friends to split up. How can prayer and listening help you, when you lose a friend?
39	Acts 16		Lydia was baptized, along with other members of her household. In the book of Acts, were people baptized before or after they believed in Jesus Christ?
40	Acts 17	Watch: Aeropagus or Mars Hill	Jason was dragged before the city council because he welcomed Paul and Silas into his home. Knowing it could cost you your very life, whom would you serve? An earthly king like Caesar? Or Jesus?
41	Acts 18		Paul's encounter with Priscilla and Aquila changed the way he related to people. Priscilla and Aquila's hospitality helped people more fully understand the truth of Christ. Who has been like Priscilla and Aquila for you?
42	Acts 19	Watch: Riot in Ephesus	Why do you think Paul was compelled by the Spirit to go to Rome when he knew he would face trouble there?
43	Acts 20	Explore: Lisa Harper	Grace is an unearned, free gift of deep love from God. Why do you think Grace inspires us to do works driven by love instead of fear?
44	Acts 21		The Roman commander rescues Paul and gives him permission to talk to the mob. Paul then gives his testimony in a foreign language, Aramaic. Why did the hostile crowd become silent?
45	Acts 22	Explore: Anne Graham Lotz	How important was prayer to the followers of Jesus?
46	Acts 23		Why was the safety dignity and life of every roman citizen so important? Why is the life of each person, including the unborn, worth protecting?
47	Acts 24		The governor was frightened about the coming judgement, but did not change his heart. When you are afraid, do you trust God with your life?
48	Acts 25		Why would a loving God allow bad things to happen to a good person?
49	Acts 26	Explore: Beth Moore	Sarah, I was recently at Caesarea by the Sea where Paul gave his testimony to the King, Governor and Bernice. What touched you about Paul's encounter with Jesus?
50	Acts 27		Just before the stormy shipwreck at Malta, Paul took bread, gave thanks to God, encouraged everyone and served all 276 people on the ship. Why?
51	Acts 28	Explore: Priscilla Shirer	If God will protect you, why is it hard and awkward to tell people that Jesus is the Messiah, the Chosen One who loves you?
<b>HIGH SPEED ROMANS</b>			
52	Rom. Intro	Watch: Paul of Tarsus/Saul	-
53	Rom. 1		What consequences to society occur when you choose the Truth? How about the consequences to you and society when you choose or encourage the lie?
54	Rom. 2	Explore: Joni Eareckson Tada	Can you think of a time when you had to choose between pleasing men and serving Christ? Which choice did you make and what was the result?
55	Rom. 3		If the 5 major religions claim there's only 1 way to God, they can't all be right. Using logic, either they are all wrong or only one is right. How does God's plan help us put the whole story of the Bible together, honoring both the old and new parts?
56	Rom. 4	Explore: Devi Titus	Is there one part of your identity that, if you could change, you would change? How does the fact that you're a child of God affect the way you view that part?
57	Rom. 5		How can we envision eternal life when sometimes it can be tough just getting through a single day?
58	Rom. 6	Explore: Ray Comfort	What is sin? What is the free gift of eternal life through Jesus? If you accept the gift, will you change?
59	Rom. 7		God's laws tell us what to do, but cannot empower us to do it. Whether you are a non-believer, mature believer or immature believer, why do you think that is?
60	Rom. 8		If we are in Christ Jesus, no one can condemn us and nothing can ever separate us from God's love. How does it feel to be free and loved?
61	Rom. 9		What triggers fear in your life? Can I ask you to do something? Write a short prayer that hands your fears to God. Will you trust in God to take care of these fears?
62	Rom. 10	Watch: How to be an Effective Listener and Why	If faith comes by hearing the Good News of Christ, why listen to Scripture? Can't we just speed-read a text message, Facebook or Twitter to understand it?



## WALK CURRICULUM (page 3 of 3)

Day	Listen	Watch / Explore	Reflect
<b>HIGH SPEED ROMANS (continued)</b>			
63	Rom. 11		How will God's plan work, given the Middle East conflicts today? What is to come of tiny and sacred Israel, which is the size of New Jersey?
64	Rom. 12	Explore: Tony Evans	Who are you? Every person has special gifts from God. What do you think your gifts are?
65	Rom. 13		Who is your neighbor? How will he or she know that you love them?
66	Rom. 14	Explore: Will Graham	What does Paul say about passing judgment on each other? How do you tolerate people who are weak in faith and people who are strong in faith? Or have no faith beliefs?
67	Rom. 15		How do you build people up and plant seeds of peace, when they attack you and criticize what matters most in your life?
68	Rom. 16		Paul commends 27 Roman Christians, 10 of whom are women like Phoebe and Julia. What woman or women have inspired you by the glory they give to God?
<b>HIGH SPEED 2<sup>nd</sup> CORINTHIANS</b>			
69	2Cor. Intro	Watch: Corinth and the Bema	-
70	2Cor. 1 & 2		(1) Who needs your prayer for his or her safety or rescue right now? (2) If sharing the knowledge of Christ is perceived like a sweet smell or a stench, why risk sharing?
71	2Cor. 3 & 4	Explore: Nick Hall	(3) What does life and freedom mean to you? (4) Why is telling the truth so important? Whose role is it to open a friend's eyes to see Jesus?
72	2Cor. 5		Thinking about what he said earlier in the chapter, what is reconciliation? Imagine yourself standing before Christ at the Bema, the judgement seat.
73	2Cor. 6	Explore: Luis Palau	Why do you think Christ says, "Don't be a partner with non-believers"?
74	2Cor. 7		The Corinthian church welcomed Titus with the respect of a great leader. Why was Paul so thrilled by this?
75	2Cor. 8	Explore: David Platt	Generous givers experience a life full of joy. How can you join in the gracious act of giving to the poor personally?
76	2Cor. 9		Jesus loves a cheerful giver and He gave His one and only Son to die on the Cross. Who do you know that gives cheerfully and expects nothing in return from you?
77	2Cor. 10		Paul thought about the harsh words the Church bullies said about him before defending and explaining his motives. What's your motive? How do you react to criticisms or deal with a broken heart?
78	2Cor. 11		Pain caused by pressure to perform, anxiety, or physical, verbal or sexual abuse can lead to drug or alcohol dependency. Where do you go, and with what, when things get tough for you?
79	2Cor. 12	Explore: John Smith	How are we doing? How come parents love their children, provide for them and yet children can find their parents so irritating?
80	2Cor. 13		Which word in the last 8 sentences, called verses, most appeals to your heart? Why do you think the word touches you?
<b>HIGH SPEED PHILIPPIANS</b>			
81	Ph. Intro	Watch: Timothy & Teachers	
82	Ph. 1		The Gospel is the Good News and God's Word is a love letter and assurance to us. You will come to a time of great trouble in your life. Knowing God is there to help you, do you have faith He will give you an answer?
83	Ph. 2	Explore: Tim Tebow	Who is a friend like Timothy for you: a person who really cares about your well-being and your life with unconditional love? Who would give their life for you?
84	Ph. 3		Thinking about what he said earlier in the chapter, how does Paul deal with things from his past? How do you deal with things from your past?
85	Ph. 4	Explore: Nick Vujicic	Paul compares the infinite value of knowing Jesus to other things he used to value. List what you value in your life today. Will these things be there for you in the future?
<b>HIGH SPEED 1<sup>st</sup> THESSALONIANS</b>			
86	1Th. Intro & 1		The message of Thessalonians is this: The Lord is coming for you, and it's going to be OK. Jesus gave His life to rescue us from the terrors of the coming judgment. Why would you need a rescue?
87	1Th. 2	Watch: Revelation Churches	Who prays for you? How does that feel? When do you pray for someone else?
88	1Th. 3		Timothy, Paul and Silas's purpose was to please God, not people. What is your motive?
89	1Th. 4		Where and in whom do you place your hope?
90	1Th. 5	Watch: What is High Speed Luke?	Jesus asks us to listen. If the promise of eternal love, hope and joy is that we will live with Christ forever, why do we need His sanctifying Grace?





## RUN CURRICULUM (page 1 of 3)

Day	Listen	Watch / Explore	Reflect
<b>HIGH SPEED LUKE</b>			
1	Luke Intro, 1 & 2	Watch: Welcome to HSL	(1) You've got a 1 minute phone call with God. What would you ask Him? (2) What do you believe about God and Jesus? How do you find your own relationship with God?
2	Luke 3 & 4	Watch: Dead Sea Scrolls	(3) When you look around in your life, who do you know that is really excited about their relationship with God? (4) Who do you say Jesus is? How could Jesus be fully human, and yet fully God?
3	Luke 5 & 6	Watch: Codex Sinaiticus	(5) How can you explain His miracles and His resurrection? (6) Jesus asks us to listen. If loving your enemies means acting in their best interests, how can we help them?
4	Luke 7 & 8	Watch: Loving Israel	(7) Here is one to bring home. Who is one person you need to forgive today? (8) Many young people are in a world of hurt and looking for love. Given family backgrounds, it can be tough. How does listening to Scripture help you with your pain or loneliness?
5	Luke 9 & 10	Explore: Marie de l'incarnation	(9) Jesus predicted His own death. Why did God plan the gruesome murder and horrible death of Jesus on the cross? (10) Love is a decision and a commitment to serve someone. If your neighbor is anyone who crosses your path, or is in need of something of someone, how do you show your mercy and love?
6	Luke 11 & 12	Explore: Betsey Stockton	(11) Healing a relationship can take time, prayer and God's help. Which relationship would you love to see healed? (12) Do drugs, alcohol or destructive behavior help your friend, a parent or perhaps you solve problems, family divisions or hopelessness? Where can you find hope?
7	Luke 13 & 14	Watch: On Location	(13) Jesus loves children. What does it take for you to feel loved by someone; to trust that the person really cares for you? (14) God will reward you for inviting those who could not repay you. When you help just one poor or crippled or lame or blind person, expecting nothing in return, what does that feel like?
8	Luke 15 & 16		(15) What is the most spiritual experience of unconditional love you've ever had? (16) Jesus implies marriage is a lifetime commitment. Why was He so strict on this? Why was Abraham so strict that the rich man couldn't warn his brothers about the place of torment, anguish and flames so they wouldn't have to come there when they die?
9	Luke 17 & 18	Explore: Mary Slessor	(17) One leper was told, "Stand up and go. Your faith has made you well." Where do you go when things get tough? (18) Thinking about what he said earlier in the chapter, what is a "child's kind of faith"?
10	Luke 19 & 20	Explore: Dr. Fanny Butler	(19) Jesus talks about character in this chapter. Who are you trying to impress? Why? What difference will it make? (20) When the secret agents tried to trap Jesus with their questions about taxes for Caesar, Jesus said, "Give to Caesar what belongs to him. But everything that belongs to God must be given to God." What belongs to God?
11	Luke 21 & 22	Explore: C.S. Lewis	(21) How does Jesus understand your fears and hopes? (22) Our last question before we conclude: The Lord's supper, Bread and Wine, Communion, Eucharist: What's the purpose?
12	Luke 23 & 24	Watch: Dead Man Walking	No questions
<b>HIGH SPEED ACTS</b>			
13	Acts Intro, 1, 2 & 3	Watch: High Speed Listening: A New Breakthrough in Youth Learning	(1) What is a believer? What does it mean to be a witness? (2) At Pentecost, about 3,000 people heard Peter's words, believed and were baptized. A few days later, there were more than 5,000 believers. Why do you think the Church grew? (3) Who would you like to see healed by calling on Jesus' name?
14	Acts 4 & 5	Explore: Blaise Pascal	(4) The Church is a group of believers in Christ, not a building. Every believer shared with others. Why does sharing with others feel so good? (5) The apostles continue to teach, preach and spread the good news about Jesus, despite the threat of the council. When is it right for a believer to disobey the law of the land?
15	Acts 6 & 7	Explore: Jonathon Edwards	(6) Stephen taught the Word of God and did amazing miracles. Why are many people who do God's work persecuted? (7) Stephen was a witness for Christ to Saul as he died that day. Who would Jesus want you to pray for, love and forgive today?
16	Acts 8 & 9		(8) Thinking about what he said earlier in the chapter, physical touch or simply your presence may show love to a friend or family member. Do you think Jesus can still heal people or do miracles today? (9) Who you are, is not what you do. Who is God calling you to be? Are you listening?
17	Acts 10 & 11	Explore: Lisa Bevere	(10) Peter says there's good news for all people, and that there's peace through Jesus Christ who is Lord of all. What kind of peace do you seek? Why? (11) The Church, the believers, prayed for Peter. Peter left his prison cell a free man and gave credit to the Lord. What does God need to free you from? Do you believe He will?



## RUN CURRICULUM (page 2 of 3)

Day	Listen	Watch / Explore	Reflect
<b>HIGH SPEED ACTS (continued)</b>			
18	Acts 12 & 13	Explore: Juanita Bynum	(12) Stephen is stoned to death for his faith. The king has James killed, puts Peter in prison and yet the Word of God continues to spread. Can you think of any examples where this has happened recently? (13) What does it mean to rely on the Grace of God?
19	Acts 14 & 15	Explore: Sonja Corbitt	(14) How could Barnabas accept Paul right away? How should we react to those who persecute us for our faith? (15) Paul and Barnabas disagreed over Mark coming with them, causing the two friends to split up. How can prayer and listening help you, when you lose a friend?
20	Acts 16 & 17	Watch: Aeropagus or Mars Hill	(16) Lydia was baptized, along with other members of her household. In the book of Acts, were people baptized before or after they believed in Jesus Christ? (17) Jason was dragged before the city council because he welcomed Paul and Silas into his home. Knowing it could cost you your very life, whom would you serve? An earthly king like Caesar? Or Jesus?
21	Acts 18 & 19	Watch: Riot in Ephesus	(18) Paul's encounter with Priscilla and Aquila changed the way he related to people. Priscilla and Aquila's hospitality helped people more fully understand the truth of Christ. Who has been like Priscilla and Aquila for you? (19) Why do you think Paul was compelled by the Spirit to go to Rome when he knew he would face trouble there?
22	Acts 20 & 21	Explore: Lisa Harper	(20) Grace is an unearned, free gift of deep love from God. Why do you think Grace inspires us to do works driven by love instead of fear? (21) The Roman commander rescues Paul and gives him permission to talk to the mob. Paul then gives his testimony in a foreign language, Aramaic. Why did the hostile crowd become silent?
23	Acts 22 & 23	Explore: Anne Graham Lotz	(22) How important was prayer to the followers of Jesus? (23) Why was the safety dignity and life of every roman citizen so important? Why is the life of each person, including the unborn, worth protecting?
24	Acts 24 & 25		(24) The governor was frightened about the coming judgement, but did not change his heart. When you are afraid, do you trust God with your life? (25) Why would a loving God allow bad things to happen to a good person?
25	Acts 26 & 27	Explore: Beth Moore	(26) Sarah, I was recently at Caesarea by the Sea where Paul gave his testimony to the King, Governor and Bernice. What touched you about Paul's encounter with Jesus? (27) Just before the stormy shipwreck at Malta, Paul took bread, gave thanks to God, encouraged everyone and served all 276 people on the ship. Why?
26	Acts 28	Explore: Priscilla Shirer	(28) If God will protect you, why is it hard and awkward to tell people that Jesus is the Messiah, the Chosen One who loves you?
<b>HIGH SPEED ROMANS</b>			
27	Rom. Intro & 1	Watch: Paul of Tarsus/Saul	(1) What consequences to society occur when you choose the Truth? How about the consequences to you and society when you choose or encourage the lie?
28	Rom. 2 & 3	Explore: Joni Eareckson Tada	(2) Can you think of a time when you had to choose between pleasing men and serving Christ? Which choice did you make and what was the result? (3) If the 5 major religions claim there's only 1 way to God, they can't all be right. Using logic, either they are all wrong or only one is right. How does God's plan help us put the whole story of the Bible together, honoring both the old and new parts?
29	Rom. 4 & 5	Explore: Devi Titus	(4) Is there one part of your identity that, if you could change, you would change? How does the fact that you're a child of God affect the way you view that part? (5) How can we envision eternal life when sometimes it can be tough just getting through a single day?
30	Rom. 6 & 7	Explore: Ray Comfort	(6) What is sin? What is the free gift of eternal life through Jesus? If you accept the gift, will you change? (7) God's laws tell us what to do, but cannot empower us to do it. Whether you are a non-believer, mature believer or immature believer, why do you think that is?
31	Rom. 8 & 9		(8) If we are in Christ Jesus, no one can condemn us and nothing can ever separate us from God's love. How does it feel to be free and loved? (9) What triggers fear in your life? Can I ask you to do something? Write a short prayer that hands your fears to God. Will you trust in God to take care of these fears?
32	Rom. 10 & 11	Watch: How to be an Effective Listener and Why	(10) If faith comes by hearing the Good News of Christ, why listen to Scripture? Can't we just speed-read a text message, Facebook or Twitter to understand it? (11) How will God's plan work, given the Middle East conflicts today? What is to come of tiny and sacred Israel, which is the size of New Jersey?
33	Rom. 12 & 13	Explore: Tony Evans	(12) Who are you? Every person has special gifts from God. What do you think your gifts are? (13) Who is your neighbor? How will he or she know that you love them?
34	Rom. 14, 15 & 16	Explore: Will Graham	(14) What does Paul say about passing judgment on each other? How do you tolerate people who are weak in faith and people who are strong in faith? Or have no faith beliefs? (15) How do you build people up and plant seeds of peace, when they attack you and criticize what matters most in your life? (16) Paul commends 27 Roman Christians, 10 of whom are women like Phoebe and Julia. What woman or women have inspired you by the glory they give to God?



## RUN CURRICULUM (page 3 of 3)

Day	Listen	Watch / Explore	Reflect
<b>HIGH SPEED 2<sup>nd</sup> CORINTHIANS</b>			
35	2Cor. Intro, 1 & 2	Watch: Corinth and the Bema	(1) Who needs your prayer for his or her safety or rescue right now? (2) If sharing the knowledge of Christ is perceived like a sweet smell or a stench, why risk sharing?
36	2Cor. 3, 4 & 5	Explore: Nick Hall	(3) What does life and freedom mean to you? (4) Why is telling the truth so important? Whose role is it to open a friend's eyes to see Jesus? (5) Thinking about what he said earlier in the chapter, what is reconciliation? Imagine yourself standing before Christ at the Bema, the judgement seat.
37	2Cor. 6 & 7	Explore: Luis Palau	(6) Why do you think Christ says, "Don't be a partner with non-believers"? (7) The Corinthian church welcomed Titus with the respect of a great leader. Why was Paul so thrilled by this?
38	2Cor. 8 & 9	Explore: David Platt	(8) Generous givers experience a life full of joy. How can you join in the gracious act of giving to the poor personally? (9) Jesus loves a cheerful giver and He gave His one and only Son to die on the Cross. Who do you know that gives cheerfully and expects nothing in return from you?
39	2Cor. 10 & 11		(10) Paul thought about the harsh words the Church bullies said about him before defending and explaining his motives. What's your motive? How do you react to criticisms or deal with a broken heart? (11) Pain caused by pressure to perform, anxiety, or physical, verbal or sexual abuse can lead to drug or alcohol dependency. Where do you go, and with what, when things get tough for you?
40	2Cor. 12 & 13	Explore: John Smith	(12) How are we doing? How come parents love their children, provide for them and yet children can find their parents so irritating? (13) Which word in the last 8 sentences, called verses, most appeals to your heart? Why do you think the word touches you?
<b>HIGH SPEED PHILIPPIANS</b>			
41	Ph. Intro & 1	Watch: Timothy & Teachers	(1) The Gospel is the Good News and God's Word is a love letter and assurance to us. You will come to a time of great trouble in your life. Knowing God is there to help you, do you have faith He will give you an answer?
42	Ph. 2 & 3	Explore: Tim Tebow	(2) Who is a friend like Timothy for you: a person who really cares about your well-being and your life with unconditional love? Who would give their life for you? (3) Thinking about what he said earlier in the chapter, how does Paul deal with things from his past? How do you deal with things from your past?
43	Ph. 4	Explore: Nick Vujicic	(4) Paul compares the infinite value of knowing Jesus to other things he used to value. List what you value in your life today. Will these things be there for you in the future?
<b>HIGH SPEED 1<sup>st</sup> THESSALONIANS</b>			
44	1Th. Intro, 1 & 2	Watch: Revelation Churches	(1) The message of Thessalonians is this: The Lord is coming for you, and it's going to be OK. Jesus gave His life to rescue us from the terrors of the coming judgment. Why would you need a rescue? (2) Who prays for you? How does that feel? When do you pray for someone else?
45	1Th. 3, 4 & 5	Watch: What is High Speed Luke?	(3) Timothy, Paul and Silas's purpose was to please God, not people. What is your motive? (4) Where and in whom do you place your hope? (5) Jesus asks us to listen. If the promise of eternal love, hope and joy is that we will live with Christ forever, why do we need His sanctifying Grace?

## BONUS ACTIVITIES

### STUDY AN INSPIRING LIFE

Go to Explorers > Inspiring Lives at HighSpeedLuke.com and choose a Teacher, Trailblazer or Explorer you want to study. Do a Google search or further research to see what more you can learn about them. Ask these questions:

- Who was or is this person and what did you notice about him or her?
- What cool things did they do or are they doing now?
- How did or do they further God's work in his or her own way?
- What challenges did or do they face?
- Why are they important today?

### MOVIE NIGHT

Pop some popcorn and snuggle into your favorite spot to watch a movie with the family or with fellow students and friends. We've provided a list of Bible-friendly movie suggestions for young adults. Movies may be available at no additional cost on Amazon Prime or Netflix, or movies may be available for purchase on Amazon or directly from the production company.



#### Movie Primer:

After you've watched the movie, discuss the following questions to go deeper.

- Who was your favorite character and why?
- Who bugged you and why?
- Who asked the best questions and what were they?
- What questions are on your heart that didn't get answered?
- What did you learn?
- Did you notice any area(s) in which logic was lacking? How so?
- If you were to audition for a part in the movie, which role would you want to play?
- Can you imagine yourself playing the role of the character who bugged you most?

## MOVIE SUGGESTIONS

Foster spiritual growth with these faith-friendly movie suggestions.

### THE 7 CHURCHES OF REVELATION (2021-2022)

Investigative French filmmaker Christophe Hanueur and global scholars examine the mysterious letters to the 7 Churches of Revelation, the roots of persecution in the 1st Century Church, and the connections to our lives today. Enjoy outstanding drone footage of these ancient areas in modern-day Turkey. Available at [www.thinkingmanfilms.com](http://www.thinkingmanfilms.com)

- #1 Times of Fire (2021) investigates the first 3 churches: Ephesus, Smyrna and Pergamum. <Watch trailer>
- #2 Times of Deception (2022) investigates the final 4 churches: Thyatira, Sardis, Philadelphia and Laodicea.

### 90 MINUTES IN HEAVEN (2015)

Based on the incredible true story of a man who is pronounced dead after a horrific car crash, only to come back to life an hour and a half later, claiming to have seen Heaven.

### BREAKTHROUGH (2019)

American Christian drama film based on the Christian book, The Impossible, an account of true events about a St. Louis teenager, John Smith, a living miracle who slipped through the icy lake in 2015. John Smith is one of our featured HSL Explorers.

### THE CASE FOR CHRIST (2017)

American Christian drama film about the true story of a self-declared atheist and reporter who spent two years researching how to disprove the existence of God, only to reach a different conclusion.

### THE CHOSEN (2019-2021)

Historical drama series about the life of Jesus. A charismatic fisherman struggling with debt. A troubled woman wrestling with demons. A gifted accountant ostracized from his family and people. See how Jesus reaches each of these and more as He works His first miracles and embarks on His ministry to change the world. See Him through the eyes of those who knew Him." Available at [www.PureFlix.com](http://www.PureFlix.com) or via Stream the Series app.

### COURAGEOUS (2011)

When a tragedy strikes close to home, four police officers struggle with their faith and their roles as husbands and fathers. Together they make a decision that will change all of their lives.

### FIREPROOF (2008)

In an attempt to save his marriage, a firefighter uses a 40-day experiment known as "The Love Dare."

### **GOD'S NOT DEAD (2014)**

Christian drama that follows an evangelical college student who holds tightly onto his faith after one professor tries to discredit his beliefs. Is God pre-scientific fiction, dead or alive?

### **GOD'S NOT DEAD 2 (2016)**

Christian drama film about a high school history teacher who comes under fire and loses her job for answering a student's questions about Jesus.

### **GOD'S NOT DEAD 3: A LIGHT IN DARKNESS (2018)**

Christian drama about a church destroyed, a congregation silenced, and a relationship shattered. Yet even in life's darkest valleys, a small flame can light the way toward healing and hope.

### **GOD'S NOT DEAD 4: WE THE PEOPLE (2021)**

Freedom of choice and Christian liberties are at stake when Reverend Dave stands with homeschooling families in opposition to local government. Four people testify in a landmark Congressional hearing that will determine the future of religious freedom and education for years to come. Is your town next? [www.PureFlix.com](http://www.PureFlix.com)

### **GOD'S PURPOSE (2016)**

An urban inspirational film about an arrogant, would-be news anchor who sets off a chain of fateful events and a quest for forgiveness after having a misguided affair with an alluring intern. The film features Priscilla Shirer, one of our HSL Explorers.

### **HEAVEN IS FOR REAL (2014)**

Based on the #1 New York Times best-selling book, Heaven is for Real recounts the true story of a little boy who says he visited heaven during a near-death experience and tells his parents about things he couldn't possibly know.

### **GOD'S PURPOSE (2016)**

An urban inspirational film about an arrogant, would-be news anchor who sets off a chain of fateful events and a quest for forgiveness after having a misguided affair with an alluring intern. The film features Priscilla Shirer, one of our HSL Explorers.

### **I CAN ONLY IMAGINE (2018)**

American Christian biological drama film about the unknown true story behind MercyMe's beloved, chart topping song and a gripping reminder of the power of true forgiveness. The film features Priscilla Shirer, one of our HSL Explorers.

### **AN INTERVIEW WITH GOD (2018)**

Drama film about an up-and-coming journalist who finds his world and faith increasingly challenged when he's granted the interview of a lifetime with someone who claims to be God. If you had the chance to ask God a question, what would it be? This movie can be used to complement the question paired with Chapter 1 of Luke on Day 1 of the curriculum.

## **THE LORD OF THE RINGS (2001-2003)**

Epic fantasy adventure films based on the novel written by J.R.R. Tolkien.

- #1 The Fellowship of the Ring (2001) A meek hobbit from the Shire and eight companions set out on a journey to destroy the powerful One Ring and save Middle-earth from Dark Lord Sauron. <Watch trailer>
- #2 The Two Towers (2002) Frodo and Sam edge closer to Mordor with the help of Gollum while the divided fellowship makes a stand against Dark Lord Sauron's new ally and his hordes of Isengard. <Watch trailer>
- #3 The Return of the King (2003) Gandalf and Aragorn lead the World of Men against Sauron's army to draw his gaze from Frodo and Sam as they approach Mount Doom with the One Ring.

## **MIRACLES FROM HEAVEN (2016)**

Based on the incredible true story of a 10-year-old girl who is cured of an incurable disease after having a near-death experience

## **OVERCOMER (2019)**

American Christian drama film about a high school basketball coach who volunteers to coach a troubled teen in long-distance running. The film features Priscilla Shirer, one of our HSL Explorers.

## **PATTERNS OF EVIDENCE**

Join Investigative filmmaker Timothy Mahoney as he looks for physical evidence of events, people and places written about in the Bible and shares biblical, geographical, and archaeological information pointing to the clues left behind. Available at [patternsofevidence.com](http://patternsofevidence.com).

- The Exodus (2015) Find out what the hard evidence really has to say about the foundational story of the Old Testament: The Exodus out of Egypt. This film has received numerous national and international film festival awards and was rated 5 stars on Netflix for three years.
- The Moses Controversy (2019) Mahoney reveals the amazing new evidence connected to Moses's ability to write the first books of the Bible.
- Red Sea Miracle I & II (2020) Follow Mahoney as he retraces the steps of Moses and the Israelites and talks with experts from all sides of the debate about the lost sea of the Exodus. Do and can miracles happen today? Are they real or needed?
- Journey to Mount Sinai (2022) Follow the Israelite's journey from the parting of the sea to Mount Sinai as Mahoney looks for clues as to the real location of Mount Sinai.

## **SOUL SURFER (2011)**

American biographical drama film about a teenage girl and her life as a surfer after a shark unexpectedly attacks and bites off her left arm just below the shoulder. Based on the 2004 autobiography Soul Surfer: A True Story of Faith, Family, and Fighting to Get Back on the Board by Bethany Hamilton.

## **WAR ROOM (2015)**

Faith-based drama about a seemingly perfect family looking to fix their problems with the help of Miss Clara, an older and wiser woman. The film features Priscilla Shirer, one of our HSL Explorers.

## SUPPLEMENTAL BOOK CORNER

Deepen faith and biblical knowledge with these book suggestions for the hungry learner looking for edifying leisure reading.

**THE BIBLE, NEW LIVING TRANSLATION (NLT)** *Tyndale House Publishers © 1996, 2004, 2007 and 2015.*  
The goal of the NLT is a translation of the Bible into a clear, readable form of modern English. This enhances understanding the Bible at regular or high speed.

**HE LOVES ME!: LEARNING TO LIVE IN THE FATHER'S AFFECTION** *by Wayne Jacobsen*

So many Christians believe God's love is fickle: when they sin, He turns away in disgust and anger. They vacillate between "He loves me" and "He loves me not" because of their behavior. That reasoning, writes Wayne Jacobsen, is as flawed as pulling petals from a daisy. Rather God's love is sturdy, enduring, and undisturbed by people's failings because God loves humankind not for what they do -- but who they are. They are God's beloved creation.

**MARK OF THE LION TRILOGY** *By Francine Rivers*

This best-selling trilogy chronicles a tale of persecution and perseverance of 1st-century Christians in hedonistic Rome.

- #1 *A Voice in the Wind*: Torn by her love for a handsome aristocrat, a young slave girl clings to her faith in the living God for deliverance from the forces of decadent Rome.
- #2 *An Echo in the Darkness*: Turning away from the opulence of Rome, Marcus is led by a whispering voice from the past into a journey that could set him free from the darkness of his soul.
- #3 *As Sure As the Dawn*: Atretes. German warrior. Revered gladiator. He won his freedom through his fierceness . . . but his life is about to change forever.

**MERE CHRISTIANITY** *by C.S. Lewis*

Exploration of the common ground upon which all of those of Christian faith stand together.

**THE NOTICER, THE TRAVELER'S GIFT, THE LITTLE THINGS** *by Andy Andrews*

Three thought-provoking and inspirational novels written by a former homeless person turned best-selling New York Times novelist and keynote speaker.

**NUTSHELLS: RESOURCES FOR HELPING DISCIPLES OF CHRIST MAKE DISCIPLES** *by Steve Sorenson*  
Workbook with a set of five tools for disciples of Christ to become mature, effective, and to impact the lives of those who don't have a relationship with Jesus Christ. Available at [equippingfordiscipleship.com](http://equippingfordiscipleship.com).



## **THE PRACTICE OF THE PRESENCE OF GOD** by Brother Lawrence

Notes and letters written by Nicholas Herman, of Lorraine, a lowly and unlearned man, who, after having been a footman and soldier, was admitted a Lay Brother among the barefooted Carmelites at Paris in 1666, and was afterwards known as "Brother Lawrence."

## **REDEEMING LOVE** by Francine Rivers

National bestseller • Now a major motion picture • A story of love that won't let go—no matter what! Redeeming Love is a historical romance novel set in the 1850s Gold Rush in California - a time when men sold their souls for a bag of gold and women sold their bodies for a place to sleep. A powerful retelling of the Bible's story of Gomer and Hosea, Redeeming Love is a life-changing story of God's unconditional, redemptive, all-consuming love.

## **REDEMPTION SERIES COLLECTION** by Karen Kingsbury with Gary Smalley

The best-selling five-book Redemption series centers around the Baxter family—their fears and desires, their strengths and weaknesses, their losses and victories. Each book explores key relationship themes as well as the larger theme of redemption, both in characters' spiritual lives and in their relationships. Each book includes study questions for individual and small-group use as well as a "teaser" chapter of the next book in the series. If you enjoy the Redemption series, you'll want to continue to follow the lives of the Baxter family through 5 more progressive series: Firstborn, Sunrise, Above the Line, Bailey Flanigan, and The Baxter Family.

## **THE SCREWTAPE LETTERS** by C.S. Lewis

A classic satire on human weakness features Screwtape, an elderly devil, who writes a series of letters to Wormwood, his apprentice and nephew.

